

## Cappadocia Turkish Hammam & Spa Experience



### Основные моменты

- Enjoy an authentic Turkish hammam experience with traditional kese scrub and foam massage
- Relax in a serene spa atmosphere with aromatherapy treatments and optional luxury services
- A perfect wellness break in Cappadocia with hotel pickup and personalized care

### Описание

Step into a calm and refreshing atmosphere where traditional Turkish wellness rituals meet modern comfort in the heart of Cappadocia.

The experience begins in a warm marble hammam room, allowing your body to relax while the steam prepares your skin for treatment. A traditional kese scrub follows, gently exfoliating the skin and leaving it smooth and revitalized.

After the scrub, a rich foam massage is applied, helping to release tension and create a deep sense of relaxation. The slow and rhythmic movements, combined with the warmth of the hammam, make this a soothing and restorative experience.

For those looking to enhance their visit, additional treatments such as aromatherapy massages, clay masks, facials, and hot stone therapy are available. The setting is designed to be peaceful and comfortable, with soft lighting and a calm ambiance that allows you to fully unwind.

Whether you are looking to relax after a day of exploring or simply want to enjoy a traditional Turkish experience, this hammam session offers a well-balanced combination of wellness and cultural tradition.

### Включено

- Turkish hammam experience
- Full-body kese scrub
- Foam massage
- Access to spa facilities
- Hotel pickup and drop-off

### Не включено

- Additional spa treatments (optional)
- Personal expenses
- Tips and gratuities

### Важная информация

- Продолжительность: 1-2 часов
- Доступные дни: Mon, Tue, Wed, Thu, Fri, Sat, Sun
- Доступные часы: 11:00, 12:00, 13:00, 14:00, 15:00, 16:00
- Total duration varies depending on selected package (60 or 90 minutes)
- Hotel pickup and drop-off are included from selected areas
- Swimwear is optional; private areas are available
- Not suitable for children under 6 years
- Not suitable for pregnant women and guests with certain health conditions
- Additional treatments such as aromatherapy or hot stone massage can be added
- Comfortable clothing is recommended after the session
- Changing rooms and secure lockers are available, allowing guests to change clothes safely and comfortably

<https://tourave.com/ru/tours/cappadocia-turkish-hammam-spa-experience>

